MID-EAST
Career and Technology Centers
ADULT EDUCATION

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Mid-East CTC Firefighter Medical Evaluation Form

(STUDENT IS FINANCIALLY RESPONSIBLE FOR PAYMENT OF MEDICAL EVALUATION)

NFPA 1582, *Standard on Comprehensive Occupation Medical Program for Fire Departments*, Chapter 5 states that "the physician shall consider the physical, psychological, intellectual, and psychological demands of the occupation when evaluating the candidate's ability to perform the essential job tasks." (reference ***Essential Functions of Firefighting*** on Page 2)

(ENSURE BOTH SECTIONS BELOW ARE FILLED OUT)

Date:	
Candidate Name:	
Medical Office Name:	
Medical Office Phone Number:	
Healthcare Provider Printed Name:	
Healthcare Provider Signature:	

Vital Signs	
Pulse	
Blood Pressure	
Respirations	
Temperature	

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Essential Functions of Firefighting

The Essential Functions of Firefighting listed below are meant to serve as a reference resource for physicians when determining the fitness of a candidate for firefighting duties. The Essential Functions of Firefighting are meant to define and to give a broader understanding of the physical requirements demanded of firefighters. This shall be ***meant to be used as an aid*** for physicians when determining the physical status of the candidate. Both the candidate and healthcare provider shall sign below, having been properly informed of the essential functions and physical demands of the firefighting profession, deeming that the candidate is physically and mentally fit to participate in Firefighter I or II training.

- While wearing personal protective ensembles and self-contained breathing apparatus (SCBA), performing fire-fighting tasks (e.g., hoseline operations, extensive crawling, lifting and carrying heavy objects, ventilating roofs using power or hand tools, forcible entry), rescue operations, and other emergency response actions under stressful conditions, including working in extremely hot or cold environments for prolonged time periods.
- Wearing an SCBA, which includes a demand valve-type positive-pressure face piece, which requires the ability to tolerate increased respiratory workloads.
- Exposure to toxic fumes, irritants, particulates, biological (infectious) and non-biological hazards, and heated gases, despite the use of personal protective ensembles and SCBA.
- Climbing six or more flights of stairs while wearing fire protective ensemble weighing at least 50 lbs. (22.6kg) or more and carrying equipment/tools weighing an additional 20 to 40 lbs. (9 to 18 kg).
- Wearing fire protective ensemble that is encapsulating and insulated, which will result in significant fluid loss that frequently progresses to clinical dehydration and can elevate core temperature to levels exceeding 102.2*F.
- Searching, finding, and rescue-dragging or carrying victims ranging from newborns up to adults weighing over 200 lbs. (90 kg) to safety despite hazardous conditions and low visibility.
- Advancing water-filled hose lines up to 2 ½ in. (65mm) in diameter from fire apparatus to occupancy (approximately 150 ft.) which can involve negotiating multiple flights of stairs, ladders, and other obstacles.
- Unpredictable emergency requirements for prolonged periods of extreme physical exertion without benefit of warm-up, scheduled rest periods, meals, access to medication(s), or hydration.
- Operating fire apparatus or other vehicles in an emergency mode with emergency lights and sirens activated.
- Critical, time- sensitive, complex problem solving during physical exertion is stressful, hazardous environments, including hot, dark, tightly enclosed spaces, which further aggravated by fatigue, flashing lights, sirens and other distractions.
- Working in shifts, including during nighttime, that can extend beyond twelve (12) hours.
- Ability to communicate (give and comprehend verbal orders) while wearing personal protective ensemble and SCBA under conditions of high background noise, poor visibility and drenching from hoselines.

Candidate Signature: _____ Date: _____

Healthcare Provider Signature: _____